



KNIGHTS NEWS – March 8, 2024



March is not only a time for blooming flowers but also for the blossoming of academic achievements. At our school, we foster a culture of growth and resilience, encouraging students to embrace challenges and learn from setbacks. Through collaboration, perseverance, and a positive mindset, our students continue to thrive both inside and outside the classroom. Let's celebrate the milestones reached by our students and acknowledge their dedication to learning. Please join us for our Celebration of Learning on Wednesday, March 20th or Thursday, March 21st from 4:30pm – 7:30pm.



Daylight Saving Time begins on Sunday, March 10, 2024, at 2:00 A.M. On Saturday evening, our clocks need to “spring forward” one hour. It will be lighter in the evenings, and we know that spring is just around the corner. Of course, this is Alberta and there are probably still a few weather surprises in store for us.

Our numeracy night on February 15th with Boxed Cars & One-Eyed Jacks was very successful. Many families learned some new math games and went home with dice trays. We are holding a literacy night on April 11th with Boxed Cars & One-Eyed Jacks. Stay tuned for more information. A huge thank you to School Council for supporting these events for our school community!



Dates To Remember

Monday, March 11 – PL Day – No School

Wednesday, March 13 – School Council Meeting – 6:30 pm

Wednesday, March 20 and Thursday, March 21 – Celebration of Learning – 4:30 – 7:30 pm

Thursday, March 21 – Thursday, March 28 – Scholastic Book Fair

Monday, March 25 – Spring and Class Photos

Tuesday, March 26 – [Wear Purple to recognize International Epilepsy Day](#)

Friday, March 29 – Heloise Lorimer Clothing Order Deadline

Friday, March 29 – Good Friday – No School

Celebration of Learning

We are excited to invite families to the school on March 20th and 21st, from 4:30 – 7:30 pm, to celebrate the amazing learning that is happening this year! Come into the school to see students' classrooms, examples of projects and learning, and to participate in games and activities, led by your child. There is no need to schedule a specific time, please drop-in to the school at a convenient time, between 4:30 – 7:30 pm, on either March 20th or 21st.

It will also be an opportunity to check out our Scholastic Book Fair which will be open from March 21st to March 28th.

New School Website Launching Soon

We will soon reveal our new school website! The new site was designed to help you find important school information quickly and easily, in a clean and clear format.

The site is designed in line with the new divisional site, www.rockyview.ab.ca. Families can easily navigate their RVS journey, with all new school sites expected to be online by the end of the school year. The site is mobile friendly and easily viewable and translatable on all devices.

You may notice the new sites have less information about teachers and classes; this is because over the past few years this information has transitioned to resources such as Moodle, Google Classroom and PowerSchool. Please contact your teacher if there is information you were accessing through the website. We appreciate your help and patience in reporting any missing information, wrong hyperlinks or other issues. Please email us (heloiselorimer@rockyview.ab.ca) to report any errors, you might see.

New Lunch Protocol

Students may go home for lunch and recess for 45 minutes if they have permission from their parents/guardians:

Grades 1 and 2 – 12:00pm – 12:30pm (lunch) – 12:30pm – 12:45pm (recess)

Grades 3, 4, and 5 – 12:15pm – 12:30pm (recess) - 12:30pm – 1:00pm (lunch)

Parents/guardians must inform the office and teacher through email that the student will be going home for lunch. Students will need to leave through the office so that office staff know that they have left the school to go home for lunch. Students will need to come back through the office to tell office staff they have returned. Students not returning by the start of their afternoon class will be marked absent, and parents/guardians will receive a phone call home.

Spring and Class Picture Day – Monday, March 25th



Heloise Lorimer School Gear

Deadline to order is Friday, March 29 and pickup will be at HLS, approximately 3-4 weeks from the closing date.

Please access the link for ordering [here](https://heloiselorimer2024.itemorder.com/).

Heloise Lorimer Spring Spirit Wear

You can now purchase your items online in 3 easy steps:

1. Go online to <https://heloiselorimer2024.itemorder.com/>
2. Choose your items and add them to your cart
3. Securely checkout with your credit card

ATC Adult Everyday Cotton Blend Tee  3 Colors \$19.95	ATC Youth Everyday Cotton Blend Tee  3 Colors \$19.95	ATC Youth Everyday Fleece Two-Tone Hooded Sweatshirt  3 Colors \$46.50	ATC Adult Everyday Fleece Two-Tone Hooded Sweatshirt  3 Colors \$46.50	ATC Adult Everyday Fleece Full Zip Hooded Sweatshirt  3 Colors \$45.50	ATC Youth Everyday Fleece Hooded Sweatshirt  3 Colors \$40.50
ATC Adult Everyday Fleece Sweatpants  2 Colors \$35.50	ATC Youth Everyday Fleece Sweatpants  2 Colors \$32.50	Atc™ Pro Team Shorts  2 Colors \$32.50	Atc™ Pro Team Youth Shorts  2 Colors \$32.50	Atc™ Insulated Knit Toque  2 Colors \$29.95	

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Questions?
Chelsea Watson
1-888-989-9090
chelsea@sportfactor.net
<http://www.sportfactor.net/>

PBIS FOCUS



Positive Behaviour Interventions and Supports (PBIS) is an evidence-based, proactive approach to help build and improve safe and positive behaviours. The goal of PBIS is to teach students positive behaviour strategies, in the same way we teach all expectations within the school; explicitly taught, modeled and reinforced. PBIS includes school-wide procedures and processes intended for ALL students and ALL staff in ALL settings. We are focusing our efforts around 3 common expectations:

- Be Responsible
- Be Safe
- Be Respectful

We will teach and focus on each expectation, one by one. All staff in the building will recognize all students who engage in this behaviour.

Our next focus is **BE RESPONSIBLE: Use Positive Words**

Responsible	Safe	Respectful
<p>Leave no trace</p> 	<p>Move my body safely</p> 	<p>Use positive words</p> 
<p>Make good choices</p> 	<p>Show expected use of equipment</p> 	<p>Show whole body listening</p> 
<p>Be a problem solver</p> 	<p>Keep hands, feet, & objects to yourself</p> 	<p>Take care of materials & space</p> 
<p>Follow instructions</p> 	<p>Dress for the weather</p> 	<p>Take turns</p> 

School Fees for 2024-2025

Here are our proposed school fees for 2024-2025:

Active Living Days/Grade Level PE Field Trips (K; Gr. 1-5) - \$119.00

Field Trips and In-School Events (K; Gr. 1-5) - \$142.00

Music Program (Gr. 4-5) - \$55.00

Proposed school fees were presented to the school council on February 7th. Please note that the amount shown is the total amount that can be charged throughout the year.

If you have any further questions, please contact the office.

School Council Update

School Councils play an invaluable role in providing parents with opportunities for meaningful involvement in their children's school. School Councils encourage a strong partnership between the school and the family and help parents become actively involved in the education of their children. School Councils have implemented strategies, practices and activities which have created the conditions for parents to engage in their child's education and have reduced barriers for parents who find involvement more challenging.

Please join our school council. It is an enjoyable time to hear what has been happening in the school as well as what we can look forward to. It is a chance to hear from other parents, administration, teachers, and our trustee and to ask questions. Our meeting dates are as follows:

March 13/24 @ 6:30 pm

April 10/24 @ 6:30 pm

May 8/24 @ 6:30 pm

June 12/23 @ 6:30

Our next school council meeting of the year is scheduled for Wednesday, March 13th at 6:30 pm. We will be meeting in person, at the school, in the CTF classroom.

Student Drop-Off and Pick-Up

Please do not use the staff parking lot for drop-off or pick-up as well as our designated bus zone at the front of the school (marked by 3 signs). We have 4 daycare buses coming to the school morning, noon and at the end of the school day. We need to have our bus zone free in order to support the daycares dropping off and picking up our students.

We do allow a 'Drop and Go' during the morning in the bus zone; however, we do not allow vehicles to wait or park.

Please also be aware of community driveways and garages when parking to pick up students.

Students must be using the crosswalks if they are crossing the street. We are teaching them about road safety.



Student Belongings – Lost and Found

With the onset of colder weather, students are wearing more articles of clothing such as boots, jackets, ski pants, toques, and mitts. Many of these are the same or can look the same and at times, can go missing. We end up with many of the items in our Lost and Found.

As stated in our school handbook which is located on our website at:

<https://lorimer.rockyview.ab.ca/assets/images/school-handbook-2023-24>

*The care of personal property is each student's responsibility. The school cannot assume responsibility for missing items. **All articles of clothing and school supplies should be marked with the student's name.** Students are strongly discouraged from bringing any valuable items to school. The school is not responsible for the loss, damage of or replacement of personal items.*

Kindergarten Registration Opens Jan. 22

Welcome to [Kindergarten](#)! This is an exciting milestone in the lives of children and their families that can help set the foundation for lifelong learning.

Kindergarten registration for the 2024/25 school year will open Jan. 22, 2024.

In 2020, Kindergarten eligibility requirements changed to comply with Alberta's new Education Act and Early Childhood Services Regulations. The new standardized age of entry requires students to turn five years old by December 31 of the school year they begin Kindergarten. This

means children born between Jan. 1 and Dec. 31, 2019, can register for Kindergarten for the 2024/25 school year.

(Students admitted to Grade 1 must be six years old by September 1, or five years old and have completed Kindergarten in the previous year.)

Please see the Rocky View Schools site for more information on how to register:

[Kindergarten Registration](#)

Eye See...Eye Learn

Eye See...Eye Learn is a program that provides kindergarten-aged students with a comprehensive eye exam from an optometrist. There is Alberta Health coverage for your child's eye exams up to age 19. If required, kindergarten-aged students also receive a free pair of eyeglasses.



Immunizations for kindergarten students

As you plan for your child to attend kindergarten, it is an ideal time to review your child's immunization history. It is important to keep your child's immunizations up to date to prevent disease and to help keep your child healthy.

Children are due for these routine vaccines at 4 years of age:

- Diphtheria/ Pertussis/ Tetanus/ Polio
- Measles / Mumps / Rubella / Chickenpox

These immunizations are provided free of charge.

Please call Health Link at 8-1-1 to book an appointment for your child at any of the clinics listed below.



Immunizations for kindergarten students

Dear Parent/ Legal Guardian of pre-kindergarten or kindergarten students,

As you plan for your child attending kindergarten, it is an ideal time to review your child's immunization history. It is important to keep your child's immunizations up to date to prevent disease and to help keep your child healthy.

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- Diphtheria/ Pertussis/ Tetanus/ Polio
- Measles / Mumps / Rubella / Chickenpox

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Please call Health Link at 8-1-1 to book an appointment for your child at any of the clinics listed below.

Thank you,

AHS Public Health Immunization Team

Urban Public Health Centres:

Acadia Community Health Centre Unit 132 – 151 86 Avenue SE	East Calgary Community Health Centre 4715 8 Avenue SE
Northwest Community Health Centre Unit 109 – 1829 Ranchlands Blvd NW	South Calgary Community Health Centre 31 Sunpark Plaza SE, 800 Railway Ave.
Shaganappi Community Health Centre 3415 8 Avenue SW	Thornhill Community Health Centre 6617 Centre Street NW
Village Square Health Centre 2623 56 Street NE	

Rural Public Health Centres:

Airdrie Community Health Centre 604 Main Street South	Banff Community Health Centre 303 Lynx Street
Diamond Valley Public Health Office Oilfields Hospital, 717 Government Road	Canmore Public Health Office 104, 800 Railway Ave.
Chestermere Community Health Centre 104, 288 Kinniburgh Blvd.	Claresholm Community Health Centre 5221 – 2 Street West
Cochrane Community Health Centre 60 Grande Boulevard	Didsbury District Health Services 1210-20 Ave.
High River Health Unit 310 Macleod Trail	Nanton Community Health Centre 2214 – 20 Street
Okotoks Health & Wellness Centre 11 Cimarron Common	Vulcan Community Health Centre (Vulcan Hospital) 610 Elizabeth Street South
Strathmore Public Health Unit 650 Westchester Road	

Inclement Weather - Emergency Closure of Schools

With our unpredictable weather changes, please be aware of RVS procedures. When schools remain open, it is your responsibility as a parent/guardian to determine if it is safe for your child to go to school in/under severe weather conditions or warnings. This is consistent with parental choice and responsibility as outlined in the Education Act.

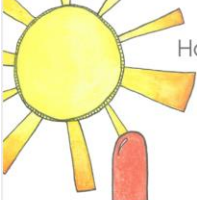
Inclement Weather Procedure During School

During poor weather conditions, we are often asked how we decide whether our students will be staying inside or going outside for physical education classes and/or recesses. Our bottom line is deciding if the weather conditions may present a situation of danger to children. Generally, winter weather in the Airdrie area presents a limited number of days when conditions are dangerous. Children need to be well prepared and properly clothed. We do not have an absolute temperature cut off when children remain inside. The ballpark number we work with is –20C (with a windchill), but there may be days when children go outside if it's colder (sunny day, no wind) and there may be days when they stay inside if it's warmer, depending on other factors.

NOTE: In extreme cold weather, it is particularly important that students do not arrive earlier than their assigned entry time. Doors will not be open before 8:45 am.

Dress for the Weather

As the weather is colder and our students continue to participate in outdoor physical education class, active commutes to school, classroom community walks, and daily outdoor recesses, proper clothing is critical for a positive experience and optimal learning at school. During times when the weather does warm up and it becomes a bit slushy, it would be beneficial to send an extra change of clothing (pants, socks) in your child's backpack.





How to Dress for the Weather Guide

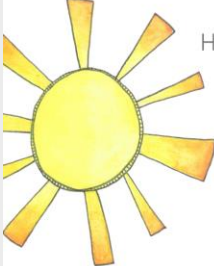
Outdoor play is a great way to support healthy growth and development. Opening the doors to outdoor play in all kinds of weather provides children and adults with opportunities to spark their curiosity, leading to wonder, exploration and learning. When children have the right clothing for the season it contributes to them having positive, rich outdoor play experiences that just can't happen indoors. Get outside, be curious, let children lead and have fun!

Temperature	Clothing Items
20°C	Shorts, T-shirt, Hat, Sneakers
10°C	Pants, Long-sleeved shirt, Socks, Hat, Sneakers
0°C	Pants, Long-sleeved shirt, Jacket, Socks, Hat, Sneakers
-10°C	Pants, Long-sleeved shirt, Jacket, Socks, Hat, Sneakers
-20°C	Pants, Long-sleeved shirt, Jacket, Socks, Hat, Sneakers

Supporting Outdoor Play Year Round

 www.getoutsideandplay.ca

 www.befitforlife.ca



How to Dress for the Weather Tips

Tips for Hot

- Use sunscreen before going outside
- Wear a hat and sunglasses
- Bring a water bottle to stay hydrated


Tips for Rain and Wet Conditions


- Cotton absorbs moisture and stays wet and heavy. Avoid cotton clothing and socks on colder days
- Wear rubber boots to keep feet dry
- Elastic cuffs on sleeves of a rain jacket and ankles of splash pants keeps water out
- Pull pant legs OVER rain boots to keep feet dry
- Bring an extra set of clothes including waterproof mittens for cold, wet days

Tips for Cold

Dress in layers:

- **Base layer:** closest to your skin, fits snugly and helps wick moisture away. Look for wool or polyester fabrics.
- **Mid layer:** the insulating layer that keeps you warm. Stick to wool or fleece.
- **Outer layer:** protects you from the elements like wind, rain and snow. This layer should be waterproof with enough room for layers underneath.

 www.getoutsideandplay.ca

 www.befitforlife.ca

Rocky View Schools Emergency Program

During any emergency, our first concern is the safety of our students and staff. In order to provide an effective response to any school crisis, the Division has developed an Emergency Response Plan. The Plan works in conjunction with other local emergency plans, since a school emergency could require the involvement of numerous agencies. The plans created for individual schools, along with the Division Plan, are reviewed annually and after an emergency occurs. Please take some time to review our Emergency Program found [here](#).

Sincerely,

Mrs. Terry Lewis and Ms. Kathryn Smith
Heloise Lorimer School Administration Team

